

the-walk.se



The Plan:

The plan is quite simple. In May 2013 I plan to start walking from Stockholm, Sweden and keep walking until I get to Sydney, Australia.

The Test:

In order to test equipment (and myself), I will be doing a “short” test walk this summer (2012). From Stockholm to Åre and back again via Karlstad. A distance of around 1,500km. I intend to leave Stockholm on 6th June and arrive in Åre in time for the Haglöfs Åre Extreme Challenge. All in all this

should give me a lot of information and experience necessary for the longer walk starting next year.

The Concept:

the-walk.se is not meant to be an experiment in how far you can walk, how fast or across how many countries. Rather it is an about living simply, trying a nomadic lifestyle and exploring the world and culture we live in. It will take the time it takes and will lead me where it leads me. The only absolutes are the starting point and the finishing point. The journey, or adventure, will be everything in between. The good, the not so good, the people, the places, the excitement, even possibly the boredom.

The Blog:

There will be a running blog during the whole project. Hopefully updates will be regular, depending mainly on the availability of internet access.

The home site will be:

<http://the-walk.se>

Blogging is due to start now and will cover preparations and the whole test walk this summer.

Paying forward:

It would be almost negligent not to try to use any publicity the-walk may generate to raise funds for a good cause. My charity of choice is Läkare utan gränser (Médecins Sans Frontières, Doctors Without Borders) and I intend to try to find a way to work with them to collect donations for their outstanding work.

The Route:

The route will be flexible but will more or less follow the map above.

Partners:

Naturally I will need as much help as I can get and will be reaching out to companies and organizations to help me fund the-walk.

Any help in any way is always welcome, contact me at multimats@gmail.com or through the site, www.the-walk.se to discuss possibilities.

Information:

More, and the latest, information is available at the-walks web site:

www.the-walk.se

Please help spread information about the-walk and don't hesitate to contact me with any question.

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